



Serving the Best Coffee in South Norfolk (Probably)

Our Coffee is specially selected for us and roasted by Greenfarm Coffee near Norwich. We use an 80% Arabica mixed with 20% Robusta to give you this full flavoured and smooth coffee. All our coffee has been prepared to give you the best experience at the right temperature, if we can tweak your coffee for you just ask and we will do what we can ☺

From £2.05

Filter - Nice coffee not as strong as the espresso

Latte - smooth espresso and expertly textured milk

Cappuccino - from the Capuchin monks if made correctly you will see why! with a cocoa top

Flat White - small strong latte the way coffee should be drunk that is Mikes opinion ☺

Mocha - Coffee and chocolate perfect combination

Americano - hot water first then the double espresso hot or cold milk just ask.

Macchiato - small and strong Cappuccino with only the foam for milk

Add a syrup shot for £0.85

Salted Caramel

Amaretto

Vanilla

Hazelnut

Gingerbread

Decaf is available on all of the above except filter
Soya, Oat and Coconut milk also readily available just ask

From £1.95

Tea

Smugglers Gold

from Miles Tea, has a great tea flavour and works really well with our hard water

Decaffeinated Tea - from Miles Tea, has a great tea flavour and works really well with our hard water does that sound familiar?

Speciality tea

Earl Grey

Darjeeling

Fruit and Flavoured Teas (too many to mention pop up to the counter and take a look

From £2.99

Hot Chocolate - Creamy chocolate powder dissolved in perfectly textured milk

Luxury Version - As above but with cream and marshmallows

All drinks are made to order so please be patient at busy times, the impossible we do straight away miracles take a

little longer 



Serving the Best Smoothies and Milkshakes in South Norfolk (well we think so)

From £1.99

Schmoo Milkshakes

(Large or Small) No artificial colours, preservatives or sweeteners and less sugar than other thick milkshakes (we use frozen semi skimmed milk to create these)

Flavours

Strawberry

Chocolate

Banana

Vanilla

Cappuccino

Chocolate Mint

Add Ice cream and Cream for £0.75

Frappe - £3.99 add a

Syrup shot for £0.85

Salted Caramel

Amaretto

Vanilla

Hazelnut

Gingerbread

Coffee

From £3.25

Love Taste Smoothies these

smoothies are made from 100% Natural Fruit and Vegetables we add the apple juice.

Fruit

Coco Loco- coconut, Pineapple, Mango, a hint of mint

Blueberry Thrill- Raspberry, Blueberry, banana

Strawberry Split- Strawberry, Banana

Pash n Shoot - Passion Fruit, Mango, Pineapple

Big 5 - Strawberry, Mango, Kiwi, Pineapple, Apple Juice

Berry Go Round - Raspberry, Blackberry, Strawberry

Grape Escape - Strawberry, Blueberry, Banana, Grape

Melon Refresher - Melon, Strawberry, Mango

Vegetable

Broccoli and the Beast- Broccoli, Cucumber, Spinach, Mango, Pineapple, Banana

Kale Kick — Kale, Spinach, Mango

Doctor Beet — Beetroot, Carrot, Mango

Ava go-Go — Avocado, Broccoli, Spinach, Mango, Coconut, Ginger, Lime

Detox-Zing — Ginger, Courgette, Banana, Carrot, Blueberry

24 Carrot Gold — Carrots, Sweet potato, Mandarin, Tumeric

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Please note although we produce GF products, we are NOT a GF environment

There may be traces of nuts in all products we are not a nut free environment. Every effort is taken to avoid and cross contamination, if you have any food allergies or concerns please contact a member of staff.